

Abstract

Title:

Age of swimmers on european and world competitions between 2012 and 2016.

Goals:

The goal of the thesis is to find out what is the age of swimmers on world competitions between 2012 and 2016 in freestyle categories for men and women.

Methods:

The main method used for the thesis was collecting data from official results list from each race. These were obtained on webs FINA and LEN. These data were compared in MS Excel.

Results:

The results give us information about average age of swimmers in freestyle swimming disciplines in top competitions between years 2012 – 2016.

Key words:

Sport performance, age, sport career, parts and phases of sport training